

**(f) Any research publications during the last one year:**

**Ayurvedic Health Care Journal**  
**<https://ishanayurved.com/research/research-archives/>**

S.No	Volume 1, December 2022		Page.No
	Published by: Ishan Medical college and Research Centre		
1	Author	Dr Ram Manohar Sai TR	1 to 9
	Paper Title	<a href="#">A Critical Review on Brahma Muhurta and its Importance</a>	
2	Author	Dr Satyadev Arya	10 to 18
	Paper Title	<a href="#">General Standardization Techniques of Bhasma: A Review</a>	
3	Author	Dr Abdul Muhith	19 to 28
	Paper Title	<a href="#">Concept of Samanyam Ekatvakaram and its importance in Ayurvedic Chikitsa</a>	
4	Author	Dr Anjali Chamoli	29 to 40
	Paper Title	<a href="#">A Comparative Clinical Evaluation of Raktadabashamak Ghana Vati and Sarpagandha Ghana Vati in the Management of Essential Hypertension</a>	
5	Author	Dr Archana Prajapati	41 to 59
	Paper Title	<a href="#">A Review Article on Shigru: A Boon of Nature</a>	
6	Author	Dr Rachna Sharma, Dr Sahil Mehta	60 to 67
	Paper Title	<a href="#">Role of Matra Basti in Management of Kashta Artav W.S.R to Dysmenorrhoea</a>	
7	Author	Prof (Dr) Jasvinder kaur, Dr Bhawana Gupta, Dr Dimple Aggarwal	68 to 75
	Paper Title	<a href="#">A Conceptual Review on Circadian Rhythm</a>	
8	Author	Dr Kalpana Yadav, Dr Nisha Aggarwal, Dr Deepak Khundia, Dr Vikash Kumar Antala, Dr Akanksha Ojha	76 to 84
	Paper Title	<a href="#">A Conceptual Study on Ayu Hraas Krama (Gradual biological decline)</a>	
9	Author	Dr Sakshi Bakshi	85 to 92
	Paper Title	<a href="#">Metabolic Syndrome w.s.r. to Ayurveda Medicine- A Critical Review</a>	
10	Author	Dr Anup Kumar Mishra	93 to 102
	Paper Title	<a href="#">An Overview of Pratishyaya and its Ayurvedic Management</a>	

Sr. No.	Topic	Author	Journal Name	Date / Vol / Issue
1	A conceptual study on Avarana and its management protocol	Dr. Prateek kumar Agarwal	Journal of emerging technologies and innovative research (JETIR)	April 2023/ vol- 10/ issue- 4
2	A Conceptual Study on The Impact of Medicinal Leech Therapy In Acne	Dr. Nitika Ganjoo	International Journal of Ayurveda and Herbal Medicine	Volume 13, Issue 1, Jan-Feb 2023
3	A case report on the management of lingual papillitis through Ayurveda	Dr. Anjali Dabas	Journal of Ayurveda Case Reports (AyuCaRe)	Volume 5, Issue 3, July-September 2022
4	Botanical Description, Phytochemistry, Traditional Uses, And Pharmacology Of Green Tea (Camellia Sinensis): An Updated Review	Dr. Nitika Ganjoo	International Journal of Biology, Pharmacy and Allied Sciences	Volume 11, Issue 1, Jan 2022
5	Ayurveda- Battle Against NCDs	Dr. Sahil Mehta	International ayurvedic medical journal (IAMJ) ISSN: 2320-5091	Vol.2, Issue 4, April-May, 2018
6	Yoga - A potential solution for Diabetes Mellitus	Dr. Sahil Mehta	International ayurvedic medical journal (IAMJ) ISSN: 2320-5091	Vol.2, Issue 5, June-July, 2018
7	Structural Consideration of Majjavaha Srotas	Dr. Sahil Mehta	Int J Ayu Pharm Chem (IJAPC) ISSN - 2350-0204	Vol.8, Issue 3, 5/10/2018
8	An Ayurvedic view to Metabolic Syndrome	Dr. Sahil Mehta	World Journal of Pharmaceutical Research (WJPR) ISSN No. : 2277 - 7105	Vol.8, Issue 1, 2019
9	Cadaveric study of Kurpara Marma	Dr. Sahil Mehta	Indian journal of Applied Research (IJAR) ISSN NO. : 2249 - 555X	Vol.10, Issue 1, Jan 2020
10	Anatomical & Physiological understanding of Depression (Vishada) in purview of Ayurveda - A systematic review	Dr. Sahil Mehta	International ayurvedic medical journal (IAMJ) ISSN: 2320-5091	Vol.3, Issue 3, March 2019
11	Scope of research in Rachana Sharir	Dr. Sahil Mehta	International journal of advanced research (IJAR) ISSN NO. : 2249 - 555X	Feb 2020 DOI: 10.21474/IJAR01/10550
12	Development of Anatomy (Rachana Sharir) - View of Student	Dr. Sahil Mehta	Int J Ayu Pharm Chem (IJAPC) ISSN - 2350-0204	Vol.10, Issue 3, 10/5/2019

13	Role of Padabhyanga of Til Taila in Padadari (Cracked Heels)	Dr.Naveed Us Saher Khan	International Journal of Innovative Pharmaceutical Sciences and Research (IJIPSR) ISSN (Online) - 2346-2154	Vol. 5, Issue 10,2017
14	Efficiency of Nagkeshar Churna along with pranayam in the management of IBS (Irritable Bowel Syndrome)	Dr. Sakshi Bakshi	International Journal of Ayurvedic and Herbal Medicine September-October 2016 Issue (ISSN – 2249-5746 Online : )	Vol.6, (5) September/October 2016
15	Scientific Review on the Concept of Shatkriyakal in Ayurveda.	Dr. Sakshi Bakshi	International Ayurvedic Medical Journal (ISSN - 2320-5091)	Vol-8 Issue-12,Dec-2020,16-12-2020