

(f) Any research publications during the last one year:

Ayurvedic Health Care Journal

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	Published by: Ishan Medical college and Research Centre		
1	Author	Dr Akansha Patwa	1 to 10
	Paper Title	A Systemic Review on Hypothyroidism – a Most Prevalent Disease in India	
2	Author	Ms Aditi Bhavana	11 to 15
	Paper Title	Trayopstambha: A Literature Review	
3	Author	Ms Aditi Tiwari	16 to 20
	Paper Title	Role of Ayurveda and Yoga in Psychosomatic Disorders	
4	Author	Mr Arbaj Ahmad Khan	21 to 24
	Paper Title	Ayurveda In Metabolic and Lifestyle Disorders	
5	Author	Mr Mhd Umer and Ms Ayushi Sharma	25 to 28
	Paper Title	A Review on the disease KUSHTHA and its relation with modern Skin Disease	
6	Author	Ms Divya Jha	29 to 32
	Paper Title	Padanshik Krama- A Transitional Regimen for Sukhaya w.r.t Disorders of Modern Era	
7	Author	Dr Akansha Ojha Joshi	33 to 44
	Paper Title	Effect of Rasayana on Organelle Ageing: A Comprehensive Study	
8	Author	Ms Himani Bhardwaj	45 to 49
	Paper Title	A Review on The Concept of Organelle Ageing w.s.r. Rasayana	
9	Author	Ms Kanika Sharma	50 to 53
	Paper Title	Scope and Magnitude of Ayurveda and Yoga in management of Mental Disorders	
10	Author	Ms Manasi Shukla	54 to 60
	Paper Title	A review on Concept of organelle ageing w.s.r to Rasayana therapy	
11	Author	Ms Shivani Barua	61 to 65
	Paper Title	A Review of Role of Amalaki Rasayana In Geriatrics	
12	Author	Ms Shrishti Shukla	66 to 68
	Paper Title	Role of Ayurveda & Yoga in Manas Roga – A Conceptual Review	
13	Author	Ms Shweta Yadav	69 to 72
	Paper Title	Ayurveda in Metabolic disorders/ Lifestyle disorders	
14	Author	Ms. Anshika Chaudhary	73 to 79
	Paper Title	Correlation of Diseases with Trayopstambhas	
15	Author	Dr. Gaurav Kumar Jha	80 to 84
	Paper Title	Smoking and Alcoholism in Pittavruta Udana (Essential Hypertension): Kanya Karana Vada	

Sr. No.	Topic	Author	Journal Name	Date / Vol / Issue
1	A conceptual study on Avarana and its management protocol	Dr. Prateek kumar Agarwal	Journal of emerging technologies and innovative research (JETIR)	April 2023/ vol- 10/ issue- 4
2	A Conceptual Study on The Impact of Medicinal Leech Therapy In Acne	Dr. Nitika Ganjoo	International Journal of Ayurveda and Herbal Medicine	Volume 13, Issue 1, Jan-Feb 2023
3	A case report on the management of lingual papillitis through Ayurveda	Dr. Anjali Dabas	Journal of Ayurveda Case Reports (AyuCaRe)	Volume 5, Issue 3, July-September 2022
4	Botanical Description, Phytochemistry, Traditional Uses, And Pharmacology Of Green Tea (Camellia Sinensis): An Updated Review	Dr. Nitika Ganjoo	International Journal of Biology, Pharmacy and Allied Sciences	Volume 11, Issue 1, Jan 2022
5	Ayurveda- Battle Against NCDs	Dr. Sahil Mehta	International ayurvedic medical journal (IAMJ) ISSN: 2320-5091	Vol.2, Issue 4, April-May, 2018
6	Yoga - A potential solution for Diabetes Mellitus	Dr. Sahil Mehta	International ayurvedic medical journal (IAMJ) ISSN: 2320-5091	Vol.2, Issue 5, June-July, 2018
7	Structural Consideration of Majjavaha Srotas	Dr. Sahil Mehta	Int J Ayu Pharm Chem (IJAPC) ISSN - 2350-0204	Vol.8, Issue 3, 5/10/2018
8	An Ayurvedic view to Metabolic Syndrome	Dr. Sahil Mehta	World Journal of Pharmaceutical Research (WJPR) ISSN No. : 2277 - 7105	Vol.8, Issue 1, 2019
9	Cadaveric study of Kurpara Marma	Dr. Sahil Mehta	Indian journal of Applied Research (IJAR) ISSN NO. : 2249 - 555X	Vol.10, Issue 1, Jan 2020
10	Anatomical & Physiological understanding of Depression (Vishada) in purview of Ayurveda - A systematic review	Dr. Sahil Mehta	International ayurvedic medical journal (IAMJ) ISSN: 2320-5091	Vol.3, Issue 3, March 2019
11	Scope of research in Rachana Sharir	Dr. Sahil Mehta	International journal of advanced research (IJAR) ISSN NO. : 2249 - 555X	Feb 2020 DOI: 10.21474/IJAR01/10550
12	Development of Anatomy (Rachana Sharir) - View of Student	Dr. Sahil Mehta	Int J Ayu Pharm Chem (IJAPC) ISSN - 2350-0204	Vol.10, Issue 3, 10/5/2019
13	Role of Padabhyanga of Til Taila in Padadari (Cracked Heels)	Dr.Naveed Us Saher Khan	International Journal of Innovative Pharmaceutical Sciences and Research (IJIPSR) ISSN (Online) - 2346-2154	Vol. 5, Issue 10,2017

14	Efficiency of Nagkeshar Churna along with pranayam in the management of IBS (Irritable Bowel Syndrome)	Dr. Sakshi Bakshi	International Journal of Ayurvedic and Herbal Medicine September-October 2016 Issue (ISSN – 2249-5746 Online :)	Vol.6, (5) September/October 2016
15	Scientific Review on the Concept of Shatkriyakal in Ayurveda.	Dr. Sakshi Bakshi	International Ayurvedic Medical Journal (ISSN - 2320-5091)	Vol-8 Issue-12, Dec-2020, 16-12-2020